



Brown Girl Surf COVID-19 Program Guidelines & Safety Waiver

Please know that while Brown Girl Surf is making every effort to implement protocols that minimize the risk of transmission, we cannot guarantee that COVID-19 will not be present during the program. Below is a list of the changes Brown Girl Surf has made to reduce the risk. Please reach out to Adriana Guerrero, Associate Director at adriana@browngirlsurf.com if you have additional questions.

The health and safety of our community and staff remain our highest priority. Brown Girl Surf will implement the following program safety procedures and practices to reduce the spread of COVID-19:

1. Participants (and parents of minor participants) must return this health waiver prior to participation.
2. 72 hours prior to the program day, including day of, participants are to be COVID-19 symptom-free.
3. All program participants, staff and volunteers must arrive and depart via personal vehicle, BGS does not permit or encourage carpooling at this time.
4. BGS participants will be screened upon arrival for COVID-19 symptoms, including taking temperature.
5. All participants, BGS staff and volunteers are required to wear approved facial coverings at all times except when surfing in the water or engaging in other water-based activities where their faces will get wet. Participants, staff and volunteers are required to wear latex gloves when requested to do so for certain activities.
6. Enhanced personal hygiene (i.e. handwashing, hand sanitizing, no touching face reminders, etc.) will be practiced throughout the program.
7. Limiting the number of items that are shared or touched between staff, volunteer surf instructors and program participants.
8. Increased cleaning and sanitization of surf equipment and gear, including wetsuits.
9. All program participants and volunteers must follow social distancing of 6ft., in and out of the water.
10. Participants must be able to handle their own boards in the water. Instructors will stand near the students at a 6 ft distance to guide them if they require this type of instruction. Outside of an emergency situation, Instructors will only have contact with the back of the board to provide stability in the event of turbulence.
11. BGS staff and volunteer surf instructors will be required to have symptom checks, including taking temperatures, and these will be conducted on a regular basis.

We ask that you help us protect the health of our Brown Girl Surf community. Anyone who is sick or was sick with COVID-19 in the last 14 days, who exhibited symptoms of COVID-19 in the last 14 days, or who was recently in contact with someone with COVID-19 in the last 14 days— including staff, volunteers, and families— CANNOT attend the program without a written negative COVID test or a 14 day quarantine. The negative COVID test will only be considered accurate by BGS if taken at least 5-8 AFTER a potential exposure. Be on the lookout for symptoms of COVID-19, which include but are not limited to: fever or chills, cough, shortness of breath or difficulty of breathing, fatigue, muscle or body aches, headache, congestion or runny nose, nausea or vomiting, diarrhea, sore throat, and new loss of taste or smell. *Please note symptoms may appear 2-14 days after exposure to the virus. The virus can be very infectious before symptoms occur.* Call your doctor if you think you or a family member is sick.

NOTE: COVID-19 is mostly spread by respiratory droplets released when people talk, cough, or sneeze. It is thought that the virus may spread to hands from a contaminated surface and then to the nose or mouth, causing infection. Therefore, personal prevention practices (such as handwashing, staying home when sick) and environmental cleaning and disinfection are important principles that are covered in this document. (Source Centers for Disease Control & Prevention)

I have read, understand and approved *Brown Girl Surf COVID-19 Program Guidelines and Safety Waiver*. The signing below acknowledges receipt of Brown Girl Surf’s program guidelines and agreement to adhere to all safety processes and policies described in this document and set in place by staff and volunteers during Brown Girl Surf programs. If the participant is a minor, the undersigned parent or legal guardian warrants and represents that these guidelines, their significance and the assumption of risk, has been explained to and understood by their minor child or ward.

Name of participant

Date

Name of Parent/Guardian, if participant is under 18

Date